

# Volunteering Involving Organisations



## VOLUNTEERING BALLARAT



***Volunteering Ballarat acknowledges and thanks Ballarat Community Health Centre for providing support to produce this booklet.***

## Contents

About the Ballarat Foundation .....	4
About Volunteering Ballarat .....	4
Anglicare.....	5
Aussie Action Abroad .....	5
Australian Camps Association / People Outdoors .....	5
Ballarat Aviation Museum.....	6
Ballarat Community Health.....	6
Ballarat Girl Guides .....	7
Ballarat Hospice Care .....	7
Ballarat International Foto Biennale.....	8
Ballarat Mechanics' Institute .....	8
Ballarat Neighbourhood Centre.....	9
Ballarat Regional Multicultural Council .....	9
Ballarat Repair Café.....	9
Ballarat RSL Sub-Branch Inc. ....	10
Ballarat Tramway Museum .....	10
BGT Styled for Success .....	10
Ballarat Tool Library.....	11
Ballarat Wildlife Rehabilitation and Conservation Inc (BWRAC) .....	11
Big Brothers Big Sisters Ballarat – Mentors for Young People .....	11
Cancer Council Victoria .....	12
Child and Family Services Inc. (CAFS).....	12
Delta Dogs .....	13
Eureka Mums .....	13
Fiona Elsey Cancer Research Institute .....	13
Flashdrive .....	14
Food is Free.....	14
Grampians Community Health.....	14
Grampians Health Ballarat .....	15
Haddon Community Learning Centre .....	15
Heart Foundation .....	16
Hepburn Shire Council .....	16
John Curtin Aged Care.....	16
Knitted Knockers Ballarat.....	17
L2P Learner Driver Mentor Program.....	17
Lifeline Ballarat.....	17
Little Dreamers.....	18
Mercy Connect Ballarat and Region.....	18
Pinarc Disability Support .....	19
Red Cross.....	19
Royal South Street.....	20
Ryder Cheshire Foundation.....	20
Salvation Army .....	21
Solve Disability Solutions .....	21

Special Olympics Ballarat .....	21
Sovereign Hill Museums Association .....	22
Steptoe's Op Shop - Ballan.....	22
St John of God Ballarat Hospital .....	22
St. Vincent de Paul Society.....	23
Traveller's Aid.....	23
Uniting Agewell .....	24
Uniting Ballarat (Uniting Victoria and Tasmania) .....	24
Very Special Kids .....	25
Victorian State Emergency Service (SES) .....	25
Vision Australia.....	26
Wendouree Neighbourhood House.....	26
Women and Mentoring.....	26
Women's Shed Ballarat.....	27
YMCA.....	27
Young Parents Campus .....	27

Volunteering is crucial to a healthy and vibrant community and there are multiple reasons to volunteer your time. These can include meeting new people, maintaining and developing new skills, gaining on the job training and even enjoying social interaction by supporting another person in the community. According to the 2021 Census, Ballarat had a total 14,104 volunteers undertaking voluntary work for an organisation consisting of people of all ages. Whether you have 1 hour or much more time per week to share your skills, knowledge and enthusiasm, there are a variety of volunteer opportunities.

## About the Ballarat Foundation

The Ballarat Foundation United Way Inc is a not-for-profit public benevolent institution which has been supporting the Ballarat community for more than 35 years.

Our vision is to have a Ballarat region where everyone is free from disadvantage and empowered to prosper.

The Ballarat Foundation is a catalyst for positive community change by enabling philanthropic solutions to social problems. We promote socially responsible giving, engage donors, build community partnerships, deliver grants and operate programs which reduce disadvantage and encourage connection, cohesion and prosperity.

## About Volunteering Ballarat

A program of the Ballarat Foundation, Volunteering Ballarat is the peak body for volunteering in the region, we offer industry support as well as coordination of volunteer recruitment. We also support corporate organisation to find suitable volunteering opportunities for their staff.

Check out our 'Volunteering Ballarat' Facebook page.

**Email:** [volunteer@ballaratfoundation.org.au](mailto:volunteer@ballaratfoundation.org.au)

**Phone:** Volunteering Ballarat on 5331 5555

**Website:** <http://ballaratfoundation.org/working-for-the-community/volunteer>

Visit the Volunteering Ballarat office located at 7 Lydiard Street South, Ballarat



## Anglicare



Anglicare Victoria's Community Breakfast Program and Emergency Relief Centres in Ballarat, Sebastopol and Creswick assist individuals and families in crisis. We couldn't meet the increasing demand for these services without the dedication of hundreds of volunteers. If

you are interested in becoming a volunteer, please contact our Ballarat office:

**Phone:** 03 5333 0600

**Email:** [samantha.mackay@anglicarevic.org.au](mailto:samantha.mackay@anglicarevic.org.au)

**Website:** <https://www.anglicarevic.org.au/get-involved/volunteering/>

*Current work experience programs available to primary & secondary schools*

## Aussie Action Abroad



For volunteers with a desire to make a difference in Nepal, Aussie Action Abroad is an experienced (over 23 years) humanitarian adventure provider, who works with and in communities on community-led projects, so they can make a real, lasting difference for all involved. We provide opportunities for participants of all background over 18 to volunteer on Construction, Health, Education and Community Action projects.

**Phone:** 0409 954 782

**Email:** [graemekent@aussieactionabroad.com](mailto:graemekent@aussieactionabroad.com)

**Website:** <https://aussieactionabroad.org.au/>

## Australian Camps Association / People Outdoors



People Outdoors is a branch of the Australian Camps Association (ACA). People Outdoors and the Australian camps association have been in operation as a non-profit organisation for over 30 years. We have delivered hundreds of camps and outdoor experiences for people with disability across Victoria.

All sites are "Accredited Tourism Venues" with ACA membership, this ensures quality. Camp activities focus on individual and social development, skills and independence in the outdoors. Activities include canoeing, high ropes and low ropes courses, bush exploration and cycling, as well as less adventurous activities such as orienteering and archery. Each camper has a nominated Carer or volunteer as required on a ratio of 1:1, 1:2, 1:3 (depending on the complexity of their needs). Our camps are for children, teens and adults. The outdoor team has a high focus on the individual camper and the best quality experience each person can have on camp.

**Phone:** 03 9863 6822

**Email:** [simon@auscamps.asn.au](mailto:simon@auscamps.asn.au)

**Website:** <https://www.auscamps.asn.au>

## Ballarat Aviation Museum



Ballarat Aviation Museum is located within the grounds of the Ballarat Airport Victoria. We are a non-for-profit museum and welcome interested volunteers. Our volunteer roles include hosting visitors to the museum (training provided) and / or be part of our workshop team helping us to refurbish and maintain our exhibits and the museum buildings.

No particular skills required as we will provide skills building, however if you can do carpentry, metal work, electronics etc, we'd be very appreciative. Our museum contains local airport history, a variety of non- flying / flying planes, Link Trainers, numerous aircraft engine types, and photographic, radio equipment and memorabilia pertaining to WW2 times. Periodic working bees for volunteers.

Our opening hours are Saturdays and most Public Holidays 11- 4pm, Sunday 1 – 5pm

**Phone:** 0429 947 853

**Email:** [ballarataviationmuseum@gmail.com](mailto:ballarataviationmuseum@gmail.com)

**Website:** [www.ballarataviationmuseum.com.au](http://www.ballarataviationmuseum.com.au)

## Ballarat Community Health



Volunteering is a great way to contribute to your community, develop and practise new skills, meet new people and learn more about what Ballarat Community Health offers the community.

Our volunteers are an essential part of the services we provide and their work is hugely appreciated by staff and clients alike.

### **VOLUNTEERING WITH US CAN INCLUDE:**

Helping prepare program materials and information packs, assistance in health promotion programs, supporting staff with their program delivery, community events, leading/assisting with walking and exercise groups, mail delivery and errands, food rescue, research, gardening, and more! See reverse for more information.

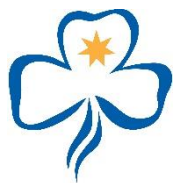
We encourage people with a range of skills, knowledge, and experience to apply. We prefer that you commit to a minimum of 6 months as a volunteer. Minimum age for volunteering at BCH is 18 years. All volunteers will undergo a National Police Check and Working With Children Check as part of the recruitment process.

### **HOW DO I GET STARTED?**

Fill out the Volunteer Enquiry Form on our website to get started:

<https://www.bchc.org.au/volunteer-with-us/>

## Ballarat Girl Guides



GIRL GUIDES  
AUSTRALIA  
VICTORIA

At Girl Guides, girls (aged between 5 and 17 years) develop curiosity through hands-on learning and engage in relevant activities based on their own interests. We provide opportunities for girls and young women to build confidence and resilience, meet challenges, learn to work in small teams, develop leadership and other new skills. Girl Guiding in Ballarat occurs in a variety of locations, on Tuesday, Wednesday and Thursday afternoons or evenings.

Ballarat Girl Guides are seeking dynamic women (18+ years) who are kind, enthusiastic, optimistic, trustworthy, thoughtful, creative, positive and have fun bringing different skills and experiences to enable our girls and young women to grow, explore, and believe in themselves. We offer many different volunteer opportunities:

- leading or helping with a local Guide Unit on a weekly basis
- helping out with administrative tasks such as finances, PR or fundraising
- taking on a leadership role within a management team.

All volunteer contributions are valued, and each role supports the development of girls and young women. Girl Guides Victoria is a Child Safe Child Friendly organisation and requires all volunteers to have a current Police Check, Working with Children Check and undertake Child-safe training relevant to their role. Additional training/mentoring is provided as appropriate.

**Phone:** 1800 447 548

**Email:** [ballarat@guidesvic.org.au](mailto:ballarat@guidesvic.org.au)

**Website:** [www.guidesvic.org.au/volunteer/](http://www.guidesvic.org.au/volunteer/)

*No age restrictions (prefer year 7 up) but must register for membership for insurance cover*

## Ballarat Hospice Care



BALLARAT  
HOSPICE  
CARE INC.

Home Based Palliative Care

Ballarat Hospice Care is a home-based palliative care service, caring for people living with a life limiting illness and supporting their family and carers in their place of residence.

We are a team of specialist palliative care nurses, supportive care advisors, volunteers and compassionate administrative staff. We work closely with GPs, local hospitals, specialist doctors, nursing and community services, all to meet the varying and individual needs of the people we care for. This includes providing 24-hour support and the loan of equipment such as lift beds and wheelie walkers – all without direct cost to the patient or family.

Volunteers have always been an integral part of our not-for-profit organisation. Volunteers provide an important connection to our community; they extend and enhance our palliative care service and contribute to a compassionate and caring community. Volunteers also assist us in sharing the message that palliative care is everyone's business.

**Phone:** 035333 1118

**Website:** [www.ballarathospicecare.org](http://www.ballarathospicecare.org)

*Volunteers must be a min 18 years of age*

## Ballarat International Foto Biennale

### **BALLARAT INTERNATIONAL FOTO BIENNALE**

The Ballarat International Foto Biennale is a world-class event that continues to evolve, expand and attract curious audiences and renowned photographic artists from across Australia and internationally to provide a festival that prompts the audience to question, explore and be changed by art.

Established in 2005, the Ballarat International Foto Biennale has enriched the cultural landscape of regional Victoria, becoming one of Australia's pre-eminent arts festivals. Held every two years, the Biennale runs for two months encompassing two major photographic programs alongside education and public programs, artist talks, workshops, awards, prizes and more – rounding out a rich and diverse cultural event that attracts near 40,000 people and national interest to the region.

Volunteers play an integral role in the running of the Ballarat International Foto Biennale, during our festival and throughout the year. You are provided with an enriching experience whilst learning new skills and opportunities to develop new networks. Volunteers are essential to our success, helping to create the friendly and welcoming atmosphere that our festival has become renowned for. We would love for you to come and join in the fun.

**Phone:** 03 5331 4833

**Email:** [info@ballaratfoto.org](mailto:info@ballaratfoto.org)

**Website:** [www.ballaratfoto.org](http://www.ballaratfoto.org)

*Volunteers must be a min 18 years of age*

## Ballarat Mechanics' Institute



When you become a volunteer at the Ballarat Mechanics' Institute you enter into a world that reaches into the very history of Ballarat. Since 1859 the Ballarat Mechanics' Institute has provided a wide range of services to the City of Ballarat and its citizens. The Institute has many historical resources, and as volunteer you will join a team of passionate volunteers who participate in a broad range of activities including archiving, maintenance and cataloguing to name just a few.

Following the extensive restoration of the building, volunteers assist with tours, as well as event management, and fund-raising activities in the suite of spaces that can be hired for functions. Contact the Volunteer Co-ordinator:

**Phone:** 03 5331 3042

**Email:** [volunteers@ballaratmi.org.au](mailto:volunteers@ballaratmi.org.au)

**Website:** [www.ballaratmi.org.au](http://www.ballaratmi.org.au)



## Ballarat Neighbourhood Centre



If you're here, you probably already know that being a volunteer is an AMAZING thing to do for our community. It's an opportunity to help others, give back, make a difference, and to leave a legacy. But, do you also know that volunteering can help you find paid work, it builds your confidence and skills, and it's a brilliant way to make new friends.

The Ballarat Neighbourhood Centre has a wonderful group of over 50 volunteers, and we're so grateful for their commitment. We're always ready to welcome new members to the team, and there are so many ways you can help. Do you like to garden, cook or tutor? Maybe you're an admin guru or you'd like to create a new social group? As a Ballarat Neighbourhood Centre volunteer, we work with you to ensure your volunteering experience is rewarding and meets your needs to find employment, meets your mutual obligations requirements, or just to connect with our community. Whatever your skill or need, give us a call, or come and meet us, we'd love to have you volunteer with us.

**Phone:** 03 5329 3273

**Email:** [reception@ballaratnc.org.au](mailto:reception@ballaratnc.org.au)

**Website:** [www.ballaratnc.org.au](http://www.ballaratnc.org.au)

## Ballarat Regional Multicultural Council



Volunteers make BRMC a real community and a thriving hub for community connection and services. BRMC is always in need of people who are willing to help and share their time, talents and skills.

**BRMC**

BRMC volunteers come from all walks of life, we offer a wide range of volunteer opportunities including: Reception/office administration, Home Visiting, Hospitality, Driving, Arts and Crafts, Tutoring and Events.

**Phone:** 03 5383 0613

**Email:** [teresa@brmc.org.au](mailto:teresa@brmc.org.au)

**Website:** [www.brmc.org.au](http://www.brmc.org.au)

## Ballarat Repair Café



Ballarat Repair Café is a not-for-profit group run solely by volunteers, where expert fixers mend broken items brought in by members of the public, at no cost. It aims to strengthen community and create connections by sharing repair skills, while reducing waste through extending the life of household items. Volunteer repairers are essential, but there are also other integral roles that do not involve fixing, including greeters, café attendants, repair assistants and photographers

etc. It is an environment that encourages learning, so owners of the items are encouraged to observe and participate in the repair so they may learn. Ballarat Repair Café is held on the last Saturday of each month, from February to November, from 1pm- 4pm, at Barkly Square in Barkly St Ballarat.

**Email:** [repaircafe@breaze.org.au](mailto:repaircafe@breaze.org.au)

**Facebook:** <https://www.facebook.com/ballaratrepaircafe>

## Ballarat RSL Sub-Branch Inc.



The Ballarat RSL Sub-Branch has been serving the citizens of Ballarat and surrounds for over 100 years with welfare support, advocacy and pension applications. The sub-branch also has a home and hospital visiting program which has been in operation for over 50 years.

As well as supporting veterans and their families the Ballarat RSL Commemorative Days Committee also arranges the services for ANZAC Day and Remembrance Day in conjunction with the Ballarat City Council. The RSL is a volunteer run organization with minimal paid staff and has over 300 sub-branches in Victoria, most of which are traditional clubs with no commercial interests.

**Phone:** 03 5332 3300

**Email:** [admin@ballatrrsl.com.au](mailto:admin@ballatrrsl.com.au)

**Website:** [www.ballatrrsl.com.au](http://www.ballatrrsl.com.au)

## Ballarat Tramway Museum



Australia's most authentic tram museum operates original Ballarat trams as they ran through the streets of Ballarat. We are all volunteers.

We have a variety of jobs that keep our 100-year-old trams moving including Driver, conductor [we train you], Retail and visitor information, Workshop skills – mechanical, electrical, metal and woodwork.

Operating 11am – 4pm weekends, school holidays. Workshop days most Tuesdays and Wednesdays. Most volunteers work a couple of days a month.

**Phone:** Geoff 0425 713 733, Peter 0420 929 104 or 03 5334 1580 – and leave a message

**Email:** [info@btm.org.au](mailto:info@btm.org.au)

**Website:** [www.btm.org.au](http://www.btm.org.au)

## BGT Styled for Success



Styled for Success is a free program offered by BGT (Ballarat Group Training), a not-for-profit organisation that provides professional attire to help support people in Ballarat and surrounding areas find an outfit to suit their needs, whether it be for a job or volunteer interview, starting a new job, an

important appointment or event/function. Volunteer stylists assist clients in selecting an outfit to suit their needs.

**Phone:** 5333 8600

**Email:** [styledforsuccess@bgt.org.au](mailto:styledforsuccess@bgt.org.au)

**Website:** [www.bgt.org.au/styledforsuccess](http://www.bgt.org.au/styledforsuccess)

*Volunteers must be 21 years or older*

## Ballarat Tool Library

Our organisation is run 100% by volunteers and we encourage all our members to be involved by volunteering. We're on the look out for people interested in sharing their time, knowledge and skills. Volunteers get great opportunities to meet and work with other members of the community and support from our volunteer coordinator. There's plenty of different roles available to match your skills and interest. We're always keen for people to assist with tool maintenance, cataloguing, loaning out tools during our opening hours, social media, events etc.

If you're interested in volunteering with us complete the contact form below including what skills you'd like to bring to the Tool Library and your availability. We'll be in touch with you as soon as possible.

**Email:** [volunteer@ballarattoollibrary.org](mailto:volunteer@ballarattoollibrary.org)

**Website:** [www.ballarattoollibrary.org](http://www.ballarattoollibrary.org)

## Ballarat Wildlife Rehabilitation and Conservation Inc (BWRAC)



Ballarat Wildlife Rehabilitation and Conservation Inc (BWRAC) is a not-for-profit charity, run by volunteers. It was established by Ballarat wildlife carers and veterinary professionals to respond to the growing need for specialised care of sick and injured wildlife in Ballarat and surrounding areas. BWRAC also support and promote wildlife conservation through education, advocacy and research.

**Phone:** 03 8400 7300

**Email:** [admin@bwrac.org.au](mailto:admin@bwrac.org.au)

**Website:** [www.bwrac.org.au](http://www.bwrac.org.au)

**Facebook:** [BWRAC Facebook](#)

## Big Brothers Big Sisters Ballarat – Mentors for Young People



Become a Mentor – Change a Life! Big Brothers Big Sisters is an international mentoring organisation. Volunteering opportunities exist for adult volunteers in our 1:1 Community Based mentoring and small group mentoring programs.

### 1: 1 Mentor role:

- 1 - 2 hours a week for 12 months minimum
- Young people are aged 7 – 17 referred to program via agency, school or family.
- Friendship, connection, support, fun!
- Low cost or no cost activities
- Child safe recruitment / screening / training provided free by BBBS
- Supported friendship with skills development and community connection opportunities.

### Men2B – Small group mentoring:

- Three volunteer mentors with up to 10 young people
- Designed for young people in need of positive male role models and healthy group interactions.

Weekly activities focus on social and emotional themes, confidence building and active participation in recreational activities individual and team focused sports as well as community and agency visits.

**Phone:** 0437 247 911

**Email:** [Jodie.downy@bbbsau.org](mailto:Jodie.downy@bbbsau.org)

Apply through our website: <https://www.bigbrotherbigsisters.org.au>

## Cancer Council Victoria



Relay for Life is a community fundraising challenge for Cancer Council. Teams of friends, families and colleagues raise money in the lead up to the event, where team members take turns walking around a track to signify that cancer never rests, and neither do we.

Organised by passionate, local volunteers, each Relay event is an experience that will stay with you forever. We host activities designed to celebrate Survivors and recognise their Carers. We honour those we've lost during our candlelight ceremony, and we continue to raise funds to support people affected by cancer, fund research and improve cancer prevention.

**Phone:** 1300 65 65 85      **Email:** [BallaratRFL@cancervic.org.au](mailto:BallaratRFL@cancervic.org.au)

**Website:** [www.fundraising.cancer.org.au/ballarat](http://www.fundraising.cancer.org.au/ballarat)

## Child and Family Services Inc. (CAFS)



As a community, not-for-profit association, Cafs provides services across the Ballarat, Hepburn Moorabool, Ararat, Golden Plains and Pyrenees areas of western Victoria. It provides a range of programs and services including out-of-home care for children, family violence, housing, men's support, financial counselling, problem gambling and community development. Cafs is a Child Safe Organisation, is Rainbow Tick accredited, is a White Ribbon accredited workplace, and is strongly committed to reconciliation. Cafs has several volunteering opportunities, and we'd love to hear from you.

### Foster Care

Cafs' Foster Carers provide safe and loving homes for children aged 0-18 who can no longer live in their own home. Being a Foster carer includes caring for children in your home from one night emergency accommodation through to short and long-term placements.

For more information visit [cafs.org.au/fostering](http://cafs.org.au/fostering)

### Thread Together

If you are passionate about making a difference and enjoy retail and customer service, volunteering with Cafs' Thread Together clothing hub is for you. Thread Together volunteers help customers in a welcoming and dignified way, building trust and rapport in a safe, positive environment. The Ballarat clothing hub provides free clothing to people in need. Thread Together is a not-for-profit organisation driving social and environment change by redistributing excess clothing stock through clothing hubs. Those in need are referred to us and can then shop for free for a new outfit. For more information about volunteering with Thread Together.

For more information visit:

<https://cafs.org.au/cafs-thread-together-is-leading-the-change-in-the-local-community/>

## Delta Dogs



Delta is a national leader in the delivery of Animal Assisted Interventions, with over 1,200 volunteers delivering Animal Assisted Activities, Animal Assisted Therapy and Animal Assisted Education in hospitals, aged care facilities, youth services, mental health services, correctional facilities, and other health and community services right across Australia.

Delta's Therapy Dog Teams are an amazing group of volunteers and their beloved pet dogs, who willingly give their time and commitment to support our program delivery. Volunteers are recruited against a set of selection criteria and their dogs against strict temperament and skills assessment. They are trained and supported to deliver our programs in conjunction with our facility partners.

**Email:** [info@deltatherapydogs.org.au](mailto:info@deltatherapydogs.org.au)      **Website:** [www.deltasociety.com.au/delta-therapy-dogs](http://www.deltasociety.com.au/delta-therapy-dogs)

## Eureka Mums



Eureka Mums

Every small job that is done saves another item ending up in landfill and helps another family out. Eureka Mums operates on the generosity and talent of our volunteers and all contributions of time are valuable. We need help with all sorts of tasks big and small including:

- Repairing and safety checking prams, cots, highchairs, car restraints etc
- Cleaning and packing donations of bottles, nappies, and toys
- Accepting and sorting donations as they come in
- Meeting with social workers to help them choose the best items for their families
- Sorting donations and making up linen and clothing bags
- Pack clothing bundles in your own home

If you are keen to get involved, please contact us:

**Phone:** 1300 789 509      **Website:** [www.eurekamums.org](http://www.eurekamums.org)

## Fiona Elsey Cancer Research Institute



The Fiona Elsey Cancer Research Institute is proudly a Ballarat organisation making an international contribution to cancer research. As a non-government funded organisation, the Institute relies on the community's support to maintain and build our research program. This is done through wonderful donations of money and time. The Institute has many community fundraising events and activities that need volunteer support to make possible. Can you support cancer research? We have a variety of roles available. Including:

- Collecting donations.
- Selling raffle tickets in shopping centres.
- Letterbox drop flyers.
- Packing of volunteer packs
- Assisting at the annual Ballarat Cycle Classic- third Sunday February each year
  - Cheer on riders as a course marshal, onsite Registrations, as a course marshal

**Phone:** 03 5331 3101      **Email:** [admin@fecri.org.au](mailto:admin@fecri.org.au)      **Website:** [www.fecri.org.au](http://www.fecri.org.au)

## Flashdrive



Flashdrive is a non-profit community enterprise that empowers individuals to reconnect socially within the community by providing an innovative, supportive and engaging ICT (Information and Communications Technology) and E-waste management and learning environment.

We provide a welcoming environment that values individuals, to improve social skills, self-esteem and confidence to enhance the social, physical and mental health and wellbeing of the community. We also provide ICT training and support, recycle and rebuild ICT equipment and sell refurbished ICT equipment. We are a NDIS-registered provider. Volunteers assist with admin, equipment refurbishing and recycling. New volunteers are welcome.

**Phone:** 03 5339 9537

**Email:** [enquiries@flashdrive.org.au](mailto:enquiries@flashdrive.org.au)

**Address:** 1223 Grevillea Rd Wendouree

## Food is Free



Food Is Free Inc is a community-led not-for-profit benefitting all Ballarat citizens, focusing especially on those experiencing disadvantage, with the purpose of assisting food security education and community inclusion.

Food Is Free Laneway solves food waste issues whilst assisting those food insecure: visitors access free fresh food (fruit/veg/herbs only), seeds and seedlings donated from citizens' gardens and from our Food Is Free Green Space (2018).

Food Is Free Green Space is a purpose-built, 40+ garden bed classroom, for all community members to enjoy, particularly at-risk/marginalised community members. We specialise in accessible, skills and empowerment-based building workshops. Anyone is welcome to pick food from this space at any time. We also host monthly markets here, first Sunday of the month 11am – noon.

**Email:** [volunteer@foodisfree.com.au](mailto:volunteer@foodisfree.com.au)

**Website:** [www.foodisfree.com](http://www.foodisfree.com)

## Grampians Community Health



Our volunteers fulfil diverse roles such as helping people to develop confidence, strategies and social skills to minimise social isolation, they visit people who can't get out easily, and sometimes just a social visit to have a cuppa and a chat. We link Volunteers to people

who share common interests and together they decide how to spend time.

Grampians Community Health is located right across the Grampians and Wimmera region. We deliver a broad range of health care and community services for individuals, families and the community. Our aim is to promote healthy living in the Grampians Wimmera whilst improving the standard of living.

**Phone:** 03 5358 7400

**Email:** [gch@gch.org.au](mailto:gch@gch.org.au)

**Website:** [www.grampianscommunityhealth.org.au/volunteers](http://www.grampianscommunityhealth.org.au/volunteers)

## Grampians Health Ballarat



Grampians Health Ballarat has a strong and vibrant volunteer workforce, providing support and assistance to patients, clients, residents and their families, right across the organisation. To volunteer with Grampians Health no previous experience in a healthcare setting is required. We offer a range of flexible volunteering opportunities

with over 28 active programs across the following areas:

- Base Hospital
- Queen Elizabeth Centre
- Residential Aged Care Facilities
- Community programs

**Phone:** 0429 268 361/ 5320 6931

**Email:** [volunteers@bhs.org.au](mailto:volunteers@bhs.org.au)

**Website:** <https://www.bhs.org.au/for-patients-families-friends/volunteering/>

*Volunteers must be min 18 years – do offer work experience program*

## Haddon Community Learning Centre



The Haddon Community Learning Centre is an awarding winning Learn Local organisation offering a range of education, training and community programs designed to meet the needs of people in the Central Highlands region.

The Centre aims to provide opportunities for people to reach their full potential in a supportive community environment, recognising that forces in society often leave people feeling isolated and unable to participate in their community. In addition to its Adult Education, Neighbourhood House programs, Community Groups and activities, the Centre provides access to information and community networks to assist a wide range of people regardless of age, income, gender, race, socio-economic standing, religious or political beliefs, place of residence or educational background.

Volunteers are an essential ingredient for a small centre such as ours and they undertake a variety of roles to help keep the Centre operating. Some of the volunteering opportunities include:

- Mentoring/Tutoring
- Administration
- Helping with fundraising activities
- Supporting community activities such as the ANZAC Day brunch and the monthly Chat & Chew lunch
- Production of and delivery of our quarterly newsletters/course guides and flyers
- Utilise/need Volunteer Mentors for the **Be Connected Program** to get seniors digitally literate

**Phone:** 03 5342 7050

**Email:** [manager@haddonlearning.org.au](mailto:manager@haddonlearning.org.au)

**Website:** [www.haddonlearning.org.au](http://www.haddonlearning.org.au)

## Heart Foundation



Heart Foundation Walking is the largest free walking network in Australia. The program is in its 22nd year and we currently have over 45,000 participants across the country walking in a group and/or using our walking app. There are currently three walking groups in the Ballarat region, and there is always opportunity to start more.

Walking is not only a great way to stay healthy but is also a great social opportunity to make friends and explore your town.

The FREE program comes packaged and ready to roll out including training for volunteers, marketing resources and incentives for participants based on the number of walks that they achieve. We would love volunteer walk organisers to get involved and lead a walking group around your area.

**Phone:** 13 11 12 **Email:** [walking@heartfoundation.org.au](mailto:walking@heartfoundation.org.au)

**Website:** <https://walking.heartfoundation.org.au>

## Hepburn Shire Council



Hepburn Shire Council has a range of opportunities for people interested in becoming a volunteer with the community. These include Activity Groups & Visitor Information Centres. Visitor Information Centres are located in Daylesford, Creswick, Clunes and Trentham. Volunteers assist visitors and locals with what to see and do in the region. Council provides a number of Activity Groups for both older people and people with dementia in Creswick and Daylesford. Volunteers are an integral part of the group – assisting staff to provide social opportunities and group activities for clients.

Council provides extensive training to all volunteers. Volunteers are selected through an application process and undertake checks as required.

**Phone:** 03 5348 2306 **Email:** [shire@hepburn.vic.gov.au](mailto:shire@hepburn.vic.gov.au)

**Website:** [www.hepburn.vic.gov.au/work-for-council/volunteers](http://www.hepburn.vic.gov.au/work-for-council/volunteers)

## John Curtin Aged Care



We provide welcoming and friendly residential care which supports independence and personal choices. We are situated in Creswick.

Are you interested in volunteering and meeting interesting people? We are a 65 bed not for profit organization with a strong community involvement. John Curtin Aged Care provides a vibrant 7 days a week lifestyle and we are always looking for volunteers. Ways in which you can be involved:

- Art and Craft
  - Quizzes
  - Gardening
  - Bingo
  - Knitting
  - Outings
  - Morning Walks
  - Nail Station
  - Café Work
  - Reading
  - Hand Waxing
  - 1 to 1 Visiting
- And much more

**Phone:** 03 5345 9999

**Email:** [info@jcac.org.au](mailto:info@jcac.org.au)

**Website:** [www.jcac.org.au](http://www.jcac.org.au)



## Knitted Knockers Ballarat



A NATIONWIDE volunteer organisation which provides knitted prosthesis for breast cancer survivors now has a branch in Ballarat. Knitted Knockers are special handmade breast prostheses for women who have had breast cancer and undergone mastectomy or lumpectomy. Each prosthesis is provided free of charge minus shipping costs and handknitted by volunteers with cotton from Bendigo Woollen Mills.

Volunteer knitters are provided with a kit, (not just the pattern) to keep the national quality of control and our “duty of care” towards the breast cancer patient. Each kit has the pattern, 100% cotton and fiberfill. You can become a Knitter by contacting Karen Daniell:

**Phone:** 0428 563 394

**Email:** [knittedknockersaustballarat.org.au](mailto:knittedknockersaustballarat.org.au)

## L2P Learner Driver Mentor Program



A driver’s licence can mean the difference between employment and unemployment but not everyone has someone to supervise the 120 hours of driving practice needed to sit the driver licence test. Help change a young person’s life. Become a volunteer supervising driver for the Ballarat L2P program.

Mentors are matched one on one with young person who is needing support to learn to drive with a commitment of two hours per week in an L2P car.

**Phone:** 03 5331 5555

**Email:** [l2p@ballaratfoundation.org.au](mailto:l2p@ballaratfoundation.org.au)

**Website:** [www.ballaratfoundation.org](http://www.ballaratfoundation.org)

*Volunteer mentors must hold valid full Victorian driver's license, have or be able to apply for working with children check, national police check. Full training provided free of cost.*

## Lifeline Ballarat



Lifeline Ballarat supports the national Lifeline network. Our volunteers provide confidential telephone crisis support and referral services to people in crisis. We offer:

- A journey of self-discovery and development
- A nationally accredited training course
- The opportunity to participate in a unique form of community service
- Ongoing support, mentoring and supervision within a community of friendly, committed people.

**Phone:** 9051 7471

**Email:** [ifeline.ballarat@vt.uniting.org](mailto:ifeline.ballarat@vt.uniting.org)

## Little Dreamers



Little Dreamers is Australia's leading support organisation for Young Carers, working with young people under the age of 25 in families affected by disability, illness or addiction.

By volunteering at Little Dreamers, you'll get the chance to change the lives of some incredible young people who are often forgotten and unsupported due to no fault of their own. We believe in a world where every Young Carer is supported by someone or something.

We have plenty of volunteer opportunities to suit every personality and schedule. Whether you're interested in becoming a mentor, helping with office/admin work, or volunteering at one of our fun-filled school holiday programs – we've got the role for you.

**Phone:** 9973 9078

**Email:** [stephanie@littledreamersonline.com](mailto:stephanie@littledreamersonline.com)

**Website:** <https://littledreamersonline.com/>

## Mercy Connect Ballarat and Region



MERCY WORKS

The broad vision of the Mercy Connect project:

That families from refugee and /or humanitarian backgrounds are supported through improving their children's capacity to negotiate mainstream schooling (government and non-government) with volunteer mentor assistance and integrate into the wider Australian community.

### Volunteer Selection Criteria

- An interest in refugee and humanitarian issues
- Demonstrated initiative and an ability to work independently
- Patience in facilitating student learning
- Active listening skills
- Willingness to work in a school environment under teacher guidance and direction
- Experience in an educational setting – useful but not essential
- Ability to travel to identified schools that include nominated students requiring mentoring
- A current Working with Children Check

### Specific Responsibilities

- Mentoring students, supporting their learning
- Support to nurture student's well-being and self esteem
- Liaising with classroom teachers and the relevant in-school coordinator
- Providing brief monthly reports
- Attending training sessions/meetings (2-3 times a year)

**Phone:** 0417 624 330

**Email:** [clare.bennett@mercyworks.org.au](mailto:clare.bennett@mercyworks.org.au)

**Website:** [www.mercyworks.org.au](http://www.mercyworks.org.au)

## Pinarc Disability Support



Pinarc Disability Support is a community not-for-profit organisation providing services to around 1,000 children and adults with disability, their families, and carers across the Grampians and Melton regions.

We provide direct support through therapy services, education support, social work, case management, adult day programs, recreation, advocacy, support groups, respite, community education and early childhood programs. All of our service delivery is guided by our vision of putting each individual at the centre of their decision making.

Volunteers assist our customers to participate in programs that include sport, art, cooking, music, wood working, sightseeing, gardening, independent living skills, social groups, camps and more. Volunteers bring their own unique skills and passions to the organisation and are encouraged to share any particular skill they may have. After hours, weekend and school holiday opportunities are available so students seeking experience are encouraged to apply. For more information email the Volunteer Coordinator at [volunteering@pinarc.org.au](mailto:volunteering@pinarc.org.au)

**Phone:** 03 5329 1300

**Email:** [volunteering@pinarc.org.au](mailto:volunteering@pinarc.org.au)

**Website:** [www.pinarc.org.au](http://www.pinarc.org.au)

## Red Cross



Red Cross is there for people in need. For over a century, through everyday acts of humanity, Red Cross volunteers have helped people in crisis, strengthened communities and changed lives for the better.

We invite you to join more than 20,000 other Red Cross volunteers in Australia who provide much needed support to those who need it most.

Our volunteer network is made up of a diverse range of people of varying ages and backgrounds, speak many languages, have different skills and a vast array of experiences.

Just as our volunteers are diverse, so too are the range of volunteering activities we offer. Our volunteers are active across the Ballarat Region supporting the Community, such as the Red Cross Retail Shop, Patient Transport Service, Emergency Services, Telecross and Teyarn Programs, as well as our Trauma Teddy Knitting Circle. You can also join our Ballarat Member branch to participate in community activities. Please check out our volunteer opportunities on our website.

**Phone:** 03 9345 1862

**Email:** [vicvolunteer@redcross.org.au](mailto:vicvolunteer@redcross.org.au)

**Website:** [www.redcross.org.au/volunteer](http://www.redcross.org.au/volunteer)

## Royal South Street



Royal South Street Competitions  
**130 YEARS**  
Pure Performance Gold Since 1891

Royal South Street is the oldest and largest eisteddfod in Australia. For 130 years the Royal South Street Eisteddfod has provided a platform for aspiring young performers to perform on stage with many going on to be well known including Patti Newton and

Anthony Callea.

Today there are 13 disciplines that run over 100 days including the Freemasons Festival of Bands, Engertiks Dance Competition and the Australian Calisthenics. Each year there are over 11,000 entries and with many competitors competing multiple times there are approximately 40,000 on stage appearances.

Across the competition our dedicated volunteers spend over 15,000 hours in varied roles including announcer (MC), backstage roles, registration, ushering and assisting with administration. If you love the excitement of the theatre, are looking for a new experience and wanting to be part of a prestigious competition please email our Competition/Volunteer Officer, Julie at [Julie@royalsouthstreet.com.au](mailto:Julie@royalsouthstreet.com.au) or call (03)5332 1054 for further information.

**Phone:** 03 5332 1054

**Email:** [info@royalsouthstreet.com.au](mailto:info@royalsouthstreet.com.au)

**Website:** [www.royalsouthstreet.com.au](http://www.royalsouthstreet.com.au)

## Ryder Cheshire Foundation



Ryder-Cheshire is an organisation that is making a real difference to the lives of people who are sick, have a disability, or are destitute, with a proven record of achieving its goals for over 60 years. The organisation is run entirely by volunteers at all levels. The mission is 'for the relief of suffering'.

The Ryder-Cheshire Foundation was founded in 1959 and in 1964 Ballarat Ryder-Cheshire was established. Ballarat Ryder-Cheshire is over 55 years old. Ryder-Cheshire Australia (RCA) supports homes in India, Timor-Leste and two Australian homes in Ivanhoe, Victoria and Mt Gambier, South Australia. All are not-for-profit.

### Ways in which you can become involved:

- Volunteer in India or in Timor-Leste
- Volunteer at one of the Australian homes
- Help with fundraising, volunteering and other tasks
- Be a supporter and join the mailing list to receive the newsletter 'The Red Feather', be advised of events and volunteering opportunities.

We meet the fourth Tuesday each month at 7pm.

**Phone:** 0411 874 756

**Email:** [diannemcgrath@iinet.net.au](mailto:diannemcgrath@iinet.net.au)

**Website:** [www.ryder-cheshire.org](http://www.ryder-cheshire.org)

**Find us on Facebook:** Ryder-Cheshire Australia

**Instagram:** [ryder.cheshire.aus](https://www.instagram.com/ryder.cheshire.aus)

*Volunteers must be a min 18 years of age*

## Salvation Army



The Salvation Army Ballarat are always looking for individuals to bring fresh energy and ideas to a range of volunteer roles. Whatever your skillset, availability or areas of interest, you may surprise yourself with the different ways you can make a difference.

Volunteering is an invitation to demonstrate care for others in our local communities; it is the everyday embodiment of love in action. Those who give up their time so freely are some of the greatest contributors and advocates of Salvation Army mission and vision.

It is through working alongside one another that transformation is possible. Not only do we focus on the transformative experience of service recipients and local communities, but also of our volunteers.

It takes an army of volunteers to provide and enable practical care for Australians every year. Volunteers bring life to our values of integrity, compassion, respect, diversity and collaboration.

**Contact:** Kaz Thomas      **Phone:** 5337 0600      **Email:** [karen.thomas@salvationarmy.org.au](mailto:karen.thomas@salvationarmy.org.au)

## Solve Disability Solutions



We change the lives of people with disability by helping them to “Live without Limits”. We customise equipment when a commercial solution doesn’t solve a problem, enabling our clients to have greater independence and an improved quality of life.

Our volunteers are practical minded and creative people who enjoy problem solving to help others. We are looking for people who are typically handymen, have trades, engineering, textiles, sewing or upholstery skills. You will need access to tools and a workshop and be able to visit a client in their own home with our Occupational Therapist (who provides support to you for each project we make for our client). We have a Ballarat Branch that is supported by our central office in Melbourne.

**Phone:** 03 9853 86 55 or 1300 663 243      **Email:** [volunteer@solve.org.au](mailto:volunteer@solve.org.au)

**Website:** [www.solve.org.au](http://www.solve.org.au)

## Special Olympics Ballarat



If you love sport and enjoy helping others to engage in sport, then Special Olympics Ballarat is the place for you!

Special Olympics Ballarat is a sporting community for local children and adults with intellectual disabilities. Through sports participation Special Olympics Ballarat provide their athletes with the opportunity to develop fitness, experience success and create life-long friendships. Special Olympics Ballarat is constantly on the lookout for people to volunteer as coaches, officials, fundraisers, administrators and committee members. Volunteering with the Special Olympics is a truly rewarding experience that brings great joy and satisfaction to all involved.

**Phone:** Mary Slater 0408 520 813      **Email:** [ballarat.secretary@specialolympics.com.au](mailto:ballarat.secretary@specialolympics.com.au)

**Website:** [www.specialolympics.com.au/index.php/ballarat](http://www.specialolympics.com.au/index.php/ballarat)

## Sovereign Hill Museums Association



Sovereign Hill is living history. We proudly and boldly tell the many stories of the goldrush. Our past unlocks our future as one of the nation's most significant and enduring tourist venues.

We would love you to become part of us to share in our storytelling adventures where the real treasures are our people. Step into another world to play many roles at our museum, wear a costume and attitude that takes you to the 1850s where you shape the stories that visitors take home locally, interstate or internationally.

Be a big part of bringing to life the streets, the sights, the sounds and the colours of the goldrush at Sovereign Hill including behind the scenes jobs at our living museum, Narmbool, or with our new deep learning centres, The Australian Centre for Gold Rush Collections and the Australian Centre for Rare Arts & Forgotten Trades

We welcome people of all ages, all backgrounds, all abilities.

Register your interest in becoming a volunteer at Sovereign Hill by contacting the Manager Volunteer Programmes

**Phone:** 03 5337 1156

**Email:** [volunteering@sovereignhill.com.au](mailto:volunteering@sovereignhill.com.au)

## Steptoe's Op Shop - Ballan



A community-based op shop being managed by the Ballan Community House, where all profit goes straight back into the community! Roles include customer service and donation sorting. Open to the public Friday 9.30am - 3.30pm and Saturday 9.30am to 12.30pm. Sorting day Monday 10.00am to 3.30pm.

Located at 111 Inglis St, Ballan 3342

**Phone:** (03) 5368 1934

**Email:** [info@bchvic.org.au](mailto:info@bchvic.org.au)

**Website:** [www.ballancommunityhouse.com.au](http://www.ballancommunityhouse.com.au)

## St John of God Ballarat Hospital



St John of God Ballarat Hospital was first established in Bailey's Mansion in 1915 as a division of St John of God Health Care, an Australia wide Catholic not-for-profit health care provider. In addition to Emergency Medicine,

Oncology/Medical, Surgical, Orthopaedics, Obstetrics, Cardiology and Home Nursing, the Hospital also has a strong social outreach program.

Volunteers play a vital role in the provision of services and compassionate care complementing the clinical care provided by the medical staff.

**Phone:** 03 5320 2111

**Email:** [info.ballarat@sjog.org.au](mailto:info.ballarat@sjog.org.au)

**Website:** [www.sjog.org.au/ballarat](http://www.sjog.org.au/ballarat)

## St. Vincent de Paul Society



The St Vincent de Paul Society is a lay Catholic organisation that aspires to live the gospel message by serving Christ in the poor with love, respect, justice, hope and joy, and by working to shape a more just and

compassionate society. The Society aspires to be recognised as a caring charity offering “a hand up” to people in need. In Australia we have 60,000 members and volunteers, who work hard to assist people in need and combat social injustice.

In Victoria we have over 100 Vinnies Shops, and without our wonderful volunteers these shops wouldn't be able to run. In the Ballarat region alone, we have shops located in Wendouree, Sebastopol and Alfredton. If you would like to become a volunteer please visit our website, or feel free to give our Shops a call and speak to the Shop Manager.

**Phone:** 5339 4817 (Wendouree) 5335 7466 (Sebastopol) 5334 2234 (Alfredton)

**Email:** [volunteer@svdp-vic.org.au](mailto:volunteer@svdp-vic.org.au)

**Website:** [www.vinnies.org.au/page/Get\\_Involved/Become\\_a\\_volunteer/VIC/](http://www.vinnies.org.au/page/Get_Involved/Become_a_volunteer/VIC/)

## Traveller's Aid



Travellers Aid is about access and inclusion. We deliver a range of services to support travel-related accessibility for people with disability or mobility impairment and it is our volunteers that

make it possible. We operate from four service hubs at Southern Cross and Flinders Street Stations in Melbourne and Seymour and Ballarat Stations in regional Victoria.

Travellers Aids workforce consist of 75% dedicated volunteers and 25% committed staff who are motivated by creating real outcomes for the people we serve.

Our Ballarat service hub will offer a friendly helping hand to people with disability, older Patrons or those with ill health or injury. As a volunteer you will support people with a mobility impairment to connect to their train from the station car park, taxi drop off or bus zone.

**Phone:** 0475 231 526

**Email:** [ballarat@travellersaid.org.au](mailto:ballarat@travellersaid.org.au)

**Website:** [www.travellersaid.org.au](http://www.travellersaid.org.au)

## Uniting AgeWell



Uniting AgeWell recognises that most people want to continue living independently at home. We also understand that personal connections are an important part of life. Our Social Connections Program supports people aged over 65 to get back to the things they love and reconnect with their community through Volunteer Engagement. Our Social Connection Program is led by Volunteers, who provide meaningful support through a range of activities including; Local group outings, Special interest groups, One on one visits, Phone-based connections, Community Transport.

Whether it's enjoying a conversation over a cup of coffee at someone's home, learning a new hobby together or getting out and about in the community to do something fun, we have an opportunity for everyone. Our volunteers have such a positive impact on the people they connect with and their local communities. Uniting AgeWell provides volunteers with training and induction, supervision and ongoing opportunities for learning and development.

**Phone:** 13 93 75

**Email:** [volunteers@unitingagewell.org](mailto:volunteers@unitingagewell.org)

**Website:** [www.unitingagewell.org/get-involved/volunteering](http://www.unitingagewell.org/get-involved/volunteering)

## Uniting Ballarat (Uniting Victoria and Tasmania)



By volunteering with Uniting Ballarat, you will become an important part of our team, helping to create positive change for people and communities.

Working to inspire people, enliven communities and confront injustice brings its own rewards. We want you to thrive your role at Uniting. In joining us, you'll have access to a range of initiatives, opportunities, training, and support. There are lots of different ways you can get involved across Victoria and Tasmania. In joining Uniting, you will be warmly welcomed into a safe, inclusive, and non-discriminatory workplace. Our local programs include

- Breezeway Meals – provides a nourishing meal for people in crisis. Along with a freshly prepared meal, our community meals programs offer a safe place and a friendly face – a chance to make connections people can count on.
- Emergency Relief – supports people experiencing financial hardship in a safe, welcoming environment where people are heard and respected.
- Op Shops - Our op shops raise funds for vital programs and services in local communities.
- Lifeline – Provides 24-hour crisis support through our Melbourne and Ballarat Lifeline services. Volunteers are required to undertake accredited training.
- Social Support - supports people to get back to the things they love. Volunteers support older people and adults with a disability to stay active and connected to their community.

**Phone:** 03 9051 6844

**Email:** [volunteers@unitingvictas.org.au](mailto:volunteers@unitingvictas.org.au)

**Website:** <https://www.unitingvictas.org.au/volunteer/>

*Volunteers must be a min 18 years of age*



## Very Special Kids



We are a children's charity that helps more than 900 families across Victoria who have a child with a life-threatening condition. We support from diagnosis all the way through to the child's recovery or bereavement. Sadly, many of the children we care for will not reach adulthood.

Free-of-charge family support services include counselling, advocacy, sibling support, bereavement support, and linking families with trained family volunteers. Each family is supported in unique and varying ways according to their personal needs. Every family service volunteer completes a 27-hour training program to equip them with the skills and knowledge needed to support families. Volunteers receive ongoing support and supervision. Family service volunteers are needed in Horsham, Stawell, Ararat, Ballarat, Bacchus Marsh and Melton.

If you are interested in becoming a volunteer, please contact our Grampians Regional Family Support Practitioner (Pauline Hammond).

**Phone:** 0457 727 505

**Email:** [ballarat@vsk.org.au](mailto:ballarat@vsk.org.au)

**Website:** [www.vsk.org.au](http://www.vsk.org.au)

## Victorian State Emergency Service (SES)



We rely on our volunteers to provide on-the-ground support in emergencies due to natural disasters such as flood, storm, tsunami and earthquake. Volunteers also support other Emergency Service Organisations such as the Country Fire Authority during major bushfires and some units are accredited to perform road rescue.

### Hands-on operational roles include:

- General rescue
- Road rescue
- Rescue boat operations
- Land search
- Urban search and rescue
- Traffic management
- Rope rescue
- Community education

### Non-operational support roles

Rescue-focused roles are not for everyone. There are important non-operational support roles that provide valued assistance to the unit and also help you to build professional skills. Non-operational support roles available to our volunteers may include:

- Administration
- Fundraising
- Media and public relations
- Community education

**Phone:** 039256 9000

**Website:** [www.ses.vic.gov.au/volunteer/become-a-volunteer](http://www.ses.vic.gov.au/volunteer/become-a-volunteer)

*Youth membership starts at 15 years – must be fit for duty*

## Vision Australia



Each month thousands of volunteers contribute their time and skills working in a range of capacities across our organisation. Their inspiring generosity helps Vision Australia to manage costs and provide a broader range of services to tens of thousands of people who are blind or low vision.

Volunteers help with:

- Seeing eye dogs/training
- Events
- Recreation and client support
- Administration and IT
- Community work
- Information services

**Phone:** 1300 84 74 66

**Email:** [volunteer@visionaustralia.org](mailto:volunteer@visionaustralia.org)

## Wendouree Neighbourhood House



We always welcome volunteers to our Centre. Without their help the Centre could not run. The main areas where volunteers are involved are:

- Gardening/Lawn Mowing
- Newsletter/Activity Flyer Delivery
- Bus Maintenance
- Kitchen Program
- Literacy & Numeracy Volunteers
- Local Newsletter Team

**Phone:** 03 5303 0507

**Website:** [www.wnc.org.au/volunteering](http://www.wnc.org.au/volunteering)

## Women and Mentoring



Women and Mentoring (WAM) offers a unique, early intervention support to women and non-binary people (All women) who have legal system involvement, who may have been charged with a criminal offence or are at risk of offending. With the support of a trained volunteer mentor WAM empowers women to create positive change in their lives through the mentoring relationship which is built on the foundations of respect, belonging and social justice.

Mentoring matches usually catch up weekly for a couple of hours per meeting. Matches can go from six months up to two years depending on the woman's individual support needs, with the average match lasting approximately twelve months. Mentors support women in a variety of ways including navigating local services, attending court, fostering life skills, going for a walk and a coffee, and providing practical assistance to improve life outcomes.

WAM required volunteers to commit for a minimum of twelve months. Volunteers are provided with full training, on going support and connections with like-minded people.

WAM encourages applications from all women including Aboriginal and Torres Strait Islander women, women from culturally and linguistically diverse backgrounds and women with all abilities.

**Phone:** 0403 584 015

**Email:** [ballarat@womenandmentoring.org.au](mailto:ballarat@womenandmentoring.org.au)

**Website:** [www.womenandmentoring.org.au](http://www.womenandmentoring.org.au)

## Women's Shed Ballarat



The Women's Shed Ballarat was created to support women and gender diverse people to gain valuable skills and empower them to become more independent. We aim to do so by creating a central place for mental wellbeing and support, empowering women to:

- develop self-esteem and a sense of connection.
- promoting a reduction in discrimination, racism, transphobia and homophobia in the community by improving relations and working together cohesively on group projects.
- improving women's knowledge of basic maintenance skills, as well as more complicated maintenance matters to improve their confidence in dealing with contractors and also
- empowering them to enter the trade industries.

Women's Shed Ballarat are looking for a diverse range of volunteers with a variety of skills including but not limited to administration, social media leader / creators / moderators, leadership fundraising, demonstrating how to use tools, workshops to build items, events and much more.

**Email:** [volunteerswsb@gmail.com](mailto:volunteerswsb@gmail.com) [www.facebook.com/groups/womensshedballarat](http://www.facebook.com/groups/womensshedballarat)

## YMCA



Volunteers at the YMCA share their time, skills and passion, and make a real difference to our work creating healthier, happier and more connected communities.

Volunteering with the YMCA is an opportunity for personal and professional growth through assisting with the delivery of programs and services. Through volunteering, you'll also be making a valuable contribution to your community.

YMCA Ballarat is an Australian Childhood Foundation accredited child safe organisation, and we are committed to safeguarding children and young people in our care. We require all people applying to undergo a screening process prior to appointment. We offer opportunities across Ballarat and rural Victoria in all our program areas. Including Children's Programs; Out of School Hours Care; Youth Programs and more. Interested in volunteering with the YMCA? Contact the Volunteer and Student Placement Coordinator:

**Phone:** 03 4311 1500 **Email:** [ballarat@ymca.org.au](mailto:ballarat@ymca.org.au) **Website:** [www.ballarat.ymca.org.au](http://www.ballarat.ymca.org.au)

## Young Parents Campus



Getting a qualification like a VCAL Certificate can mean our Young Parents gain valuable employability skills and experiences to take into the workplace or further study. Help support our Young Parents by volunteering to assist in the care and developmental play of their babies/toddlers.

You will need to have a current working with children check, good mobility and a keen interest in supporting children's wellbeing. Volunteers will work under the guidance of our staff in our Creche area while our Young Parents are studying. It would be ideal if you could commit approximately 2-3 hours per week, Tuesday to Friday 10.00am-1.00pm.

**Phone:** Megan on 0439 358 152 **Email:** [hillas.megan@education.vic.gov.au](mailto:hillas.megan@education.vic.gov.au)  
**Website:** [www.yuillyoungparentscampus.com](http://www.yuillyoungparentscampus.com)

## **Find out more: [ballaratfoundation.org.au](http://ballaratfoundation.org.au)**

*The Ballarat Foundation acknowledges the Wadawurrung people, the traditional owners of the lands and waterways in our region. We recognise their diversity, resilience, and the ongoing place that Aboriginal and Torres Strait Islander people hold in our communities. We pay our respects to the Elders, both past and present, and commit to working together in the spirit of mutual understanding, respect and reconciliation.*



7 Lydiard Street South Ballarat Vic 3350 PO BOX 50  
Ballarat Vic 3353 ph: 03 5331 5555  
[volunteer@ballaratfoundation.org.au](mailto:volunteer@ballaratfoundation.org.au)  
[www.ballaratfoundation.org.au](http://www.ballaratfoundation.org.au)